

# UC San Diego

## PSYCHOLOGY *News*

Volume 2, Issue 1  
Fall Quarter 2014

### WELCOME NEW STUDENTS!

We're pleased to welcome this year's new Freshmen and Transfer Students to the **UCSD Psychology Department!** Whether it's your first quarter here or your last year, you will find a host of resources to assist you with your career as a UCSD student. We have planned a year full of opportunities designed to broaden your educational experience and help you prepare for your future, and we look forward to sharing our knowledge with you. We have also updated our **website** and hope it proves useful!

For psychology research, our department is one of the best in the country. The U.S. News & World Report 2013 America's Best Colleges guidebook **rank**s UC San Diego as the 9th best public university in the nation with our Behavioral Neuroscience Graduate research area ranked #1 in the country, and our Cognitive Psychology Graduate research area ranked #3.

Please don't hesitate to ask questions and look for answers; we look forward to helping you!

### FALL ADVISING WORKSHOPS

The Psychology Advising Office is working hard to bring you information you can use. Every quarter during the 2014-15 school year, we'll schedule workshops answering some of your biggest questions and preparing you for your future in and out of college. Join us at one or all of our sessions, bring your relevant questions, and learn about exciting opportunities!

**Register online** for one or all of our workshops!

- **New Student Orientations**  
Friday, September 19, 1:15-2:30 pm, McGill 1350  
Wednesday, October 1, 10:45 am-12:00 pm, McGill 1350  
Tuesday, October 7, 3:00-4:15 pm, Mandler 3545
- **Honors Program Information**  
Thursday, October 9, 10:00-11:00 am, Mandler 3545
- **Academic Internships in Psychology**  
Tuesday, October 28, 1:30-2:30 pm, Mandler 3545
- **EAP First Steps for Psychology Students**  
Wednesday, November 19, 5:00-6:00pm, International Ctr
- **Getting to Graduation**  
Friday, November 21, 10:00-11:00am, Mandler 3545

### PSYCHOLOGY HONORS PROGRAM

*Are you considering graduate school or a professional program? Are you interested in conducting original research?*

Conduct your own research project, learn to manage a project from beginning to end, get to know advising faculty, and gain an advantage for admission into graduate schools.

For more information, come by the department and check out the **website!**

**Applications are available online and are due on Halloween!!!**



Honors Program Class of 2014



### HOT FALL CLASSES

- **PSYC 190: Parenting** (Blumenthal)  
T/Th 9:30-10:50 pm PRICE THEATER  
Upper Division Standing required
- **PSYC 181: Drugs and Behavior** (Anagnostaras)  
MWF 1:00-1:50 pm PRICE THEATER  
Upper Division Standing required
- **PSYC 178: Industrial/Organizational Psychology** (Wanic)  
MWF 3:00-3:50 pm RBC AUD  
Upper Division Standing required
- **PSYC 102: Sensation & Perception** (DiVita)  
W 6:00-8:50 pm CENTER 101  
Upper Division Standing required

Contact Psychology Advising through the **Virtual Advising Center** for enrollment authorization.

### CONTACT US

#### Walk-in Advising:

Monday-Thursday 9-11am, 1-3pm  
Mandler Hall, Room 1533

#### Virtual Advising:

<http://vac.ucsd.edu>  
Please allow up to 2 business days for response.

#### Telephone Advising:

(858) 534-3001

Please have your Student ID number ready and be prepared to ask specific questions!



## EXPLORING EXPERIMENTAL DESIGN

Have you ever thought about what it takes to design a successful experiment? How do you know that you're asking the right questions? Students from Gail Heyman's Topics in Learning Science class are here to help! Their [short film](#), linked on our [website](#), is designed to guide students new to the idea of experimental design through the basics of the scientific method.

## MEET THE UNDERGRADUATE ADVISORS

### **Dina Amodeo**

Dina Amodeo joined the department in 2012 and has been a wonderful addition to the Psychology family. She was born and raised in San Diego and after 10 years of working in Student Affairs at UCSB, she has finally come home to UC San Diego. Dina also earned her undergraduate degree from UCSB followed by a Master's Degree in Business Administration from Cal State San Marcos. Beyond her professional life, Dina enjoys the company of her two dogs, Hailey and Bruno.

### **Elisa Suter**

A graduate of UCSD (Warren College, Communication) and UCSD Extension (Event Management & Copyediting), Elisa just couldn't stay away; she worked for a few years on campus after graduation, worked a few years off-campus, and now she's back for good! She loves board games, cooking, and gardening. She has a one-and-a-half year old daughter who makes her laugh daily and loves Pooh Bear. A little-known fact about Elisa is that while she's not a daredevil by any means, she LOVES white water rafting!

## RESEARCH SPOTLIGHT

### ***Can Dogs Feel Jealousy?***

Human jealousy is the third leading cause of nonaccidental homicide across cultures. But are humans unique in their jealous feelings? Or can animals feel jealousy too? Dr. [Christine Harris'](#) recent studies point to an answer to that question: yes.

Dr. Harris set up an experiment for dogs, using three objects: a book, a Halloween candy bucket, and a stuffed dog that moved and barked. The dog's owner would give attention to both the jack-o-lantern face on the bucket and the stuffed animal as though they were other dogs, petting and talking to them; as a control, they also read the book.

Dogs reacted to both the bucket and the stuffed dog, but showed the most negative responses when owners appeared to be paying attention to a fellow animal. Dogs touched or nudged their owners, tried to get between their owners and the objects, and a quarter of the dogs in the study even showed aggression toward the stuffed animals.

Dr. Harris' work has been covered in the [New York Times](#), the [Washington Post](#), and on [NPR's All Things Considered](#), and seems to point to jealousy being an innate emotion across species.

### **Nhi Nguyen, Peer Advisor**

A local to San Diego, Nhi is currently a second year at UC San Diego Eleanor Roosevelt College majoring in Biochemistry. When she's not working in the lovely Psychology department, she spends her time at the beach surfing or road tripping to new destinations. Nhi also loves slacklining, playing music, and Joseph Gordon-Levitt. If she could choose one food to eat for the rest of her life, it would definitely be In-N-Out burgers.



## PSI CHI: PSYCHOLOGY HONOR SOCIETY

**Psi Chi ( $\Psi\chi$ )** is the International Honor Society in Psychology, founded in 1929 for the purposes of encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology. With over 1,050 chapters, Psi Chi is one of the largest honor societies in the United States. Psi Chi has inducted over 500,000 members from chapters in the United States and Canada. Members include B.F. Skinner, Philip Zimbardo, Dr. Phil, and Hugh Hefner. Membership is an earned honor which is for life. It may be used for reference purposes such as for graduate school and job applications. Members have the opportunity to present research at scientific meetings, and to participate in competitions.

Psi Chi is a part of the Association of College Honor Societies and is an affiliate of the American Psychological Association (APA) and the Association for Psychological Science (APS).

Psi Chi meetings are Thursdays at 6:30 pm in McGill 1350. The first General Body Meeting will be October 9th. Visit the [UCSD Psi Chi Facebook group](#) for more details!

## WANT TO STUDY ABROAD?

Psychology majors and minors: earn credit in your major or minor for classes taken abroad!

Do you want to travel? To see new places? Experience new cultures? Earn academic credit? Well, you can! Students can use up to three four-unit Upper Division Psychology courses toward their major or minor requirements (please see our major and minor requirements for more details and always pre-approve your coursework with the Department before taking it). For more information about Study Abroad, attend any of the International Center's First Steps Sessions on Tuesdays and Wednesdays from 5-6pm in the International Center Lounge.

We'll be hosting a very special **First Steps Session for Psychology Students** on *Wednesday, November 19th, from 5-6pm* to find out how your Education Abroad experience can enhance your Psychology education! Register on our [website](#); find out more from the [Programs Abroad Office](#)!



## SONA: EXPERIMENTAL SUBJECT PARTICIPATION

Participants in [SONA](#) have the opportunity to make an important contribution to the research community in our department and the UCSD campus. Students enrolled in various Psychology, Cognitive Science, and Linguistics courses have the opportunity to serve as experimental subjects. The requirement is intended to provide participants with a strong understanding of how research is conducted in the UCSD Psychology Department. Students always have the right to discontinue participation at any point in any study (for no participation credits). Those who are unable to participate or who choose not to participate are given alternate assignments that are designed to serve similar educational goals.

For more information on SONA please check out the [SONA page](#) on UCSD's Psychology Department website.

## NATIONAL DEPRESSION SCREENING DAY

Come test your mood! Free Krispy Kreme donuts and other giveaways for all participants. Brought to you by the [CAPS](#) Wellness Peer Educators.

### National Depression Screening Day

*Thursday, October 23rd (10am-2pm), Library Walk*

## GRADUATE SCHOOL & CAREER EVENTS

Are you considering graduate study in Psychology? Feeling confused or overwhelmed about your choices? Not sure what is the best fit for you?

Join the [Career Services Center](#) for the **Graduate Schools in Psychology Admissions Panel** on *Wednesday, October 15th, from 3-4:30pm* in the Career Services Center!

### Additional Upcoming Events:

Graduate School Fair

*October 15 (10am-2pm, Library Walk)*

Career Fair

*October 23 (9:30am-3pm, RIMAC)*

Law Fair

*November 5 (10am-2pm, Library Walk)*

## ACADEMIC INTERNSHIPS

Did you know that you can now use one Academic Internship toward your Psychology major or minor requirements? It's true - this new option went into effect for students this summer and we're so thrilled!

Internships must be taken for credit through UC San Diego's Academic Internship Program (AIP 197) and approved by the Psychology Department in advance. Procedures for approving an internship can be found on our [website](#).

To find an internship or find out if your internship qualifies for academic credit, contact the [AIP Office](#).

### 2014-15 AIP Deadlines:

FA14: October 3, 2014

WI15: December 12, 2014

SP14: March 13, 2015

Join us for the **Academic Internships in Psychology** workshop on *October 28 from 1:30-2:30pm in Mandler 3545!*

# FALL 2014 PSYCHOLOGY & COMMUNITY CALENDAR

For links to community resources, please check the [Psychology Department website](#).

## September 2014

- 19 1:15 pm **Psyc New Student Orientation (McGill 1350)**
- 27 12:30pm BRC Success Institute (Huerta Vera Cruz)
- 30 2:30 pm Cross Cultural Center Block Party (Price Ctr)

## October 2014

- 01 10:45 am **Psyc New Student Orientation (McGill 1350)**
  - 1 9:00 am Q Camp/Q Fair (LGBT Resource Center)
  - 1 1:00 pm Raza Resource Ctr Open House (Raza Ctr)
  - 1 4:00 pm Women's Ctr Welcome Fest (Women's Ctr)
  - 1 4:00 pm BRC on the Lawn (Sun God Lawn)
- 2 Fall Quarter Classes begin (no PSYC 60 sxns this week)
- 2 10:00 am Crafting Your Good Life (The Zone)
- 3 AIP Fall Deadline
- 07 3:00 pm **Psyc New Student Orientation (Mndler 3545)**
  - 8 1:00 pm BRP Mentor Program Kickoff (BRC)
- 09 10:00 am **Honors Program Information (Mndler 3545)**
  - 9 6:00 pm Avanzando Juntos: How to Navigate an R1 Institution (Raza Ctr)
  - 9 6:30 pm Psi Chi 1st General Body Meeting (McGill 1350)
  - 14 12:00 pm Intergenerational Dialogue (LGBT Center)
  - 15 10:00 am Graduate School Fair (Library Walk)
  - 15 11:00 am Love Your Body Day (Women's Center)
  - 15 3:00 pm Graduate Schools in Psychology Admissions Panel (Career Services Center)
  - 16 6:00 pm Avanzando Juntos: K-12th Tutoring Opportunities With EducationCorps (Raza Ctr)
  - 18 9:00 am EDI Student Leadership Summit
  - 22 12:00 pm Intergenerational Dialogue (LGBT Center)
  - 23 9:30 am Career Fair (RIMAC)
  - 23 10:00 am Nat'l Depression Screening Day (Library Walk)
  - 23 6:00 pm Film Screening: *Finding Dawn* (Women's Ctr)

## October 2014 (continued)

- 23 6:00 pm Avanzando Juntos: How to Get Involved With OASIS (Raza Ctr)
- 28 1:30 pm **Academic Internships in Psychology Workshop (Mandler 3545)**
- 30 6:00 pm Avanzando Juntos: Career Center (Raza Ctr)
- 31 **Psychology Honors Program Application Deadline**

## November 2014

- 1 9:00 am Dare to Dream Conference (Price Center)
- 1 9:00 am Women's Leadership Retreat (Women's Ctr)
- 3 (exact date & time TBD) LGBT Resource Center 15 Year Anniversary Symposium (Qualcomm Conf. Rm)
- 5 10:00 am Law School Fair (Library Walk)
- 5 6:00 pm F-Word: Dining and Dialogue (Women's Ctr)
- 6 6:00 pm Avanzando Juntos: How to Stay Out of Academic Probation (Raza Ctr)
- 8 8:00 am BSU High School Conference (Price Center)
- 13 6:00 pm Avanzando Juntos: Financial Aid (Raza Ctr)
- 14 11:30 am Flu Clinic at the Zone (The Zone)
- 17 11:30 am Flu Clinic at the Zone (The Zone)
- 19 5:00 pm **EAP First Steps for Psychology Students (International Center)**
- 19 evening Careers in Business Mixer (Price Center)
- 19 5:00 pm Real World Career Series: \$mart \$tart (Women's Ctr)
- 20 All Day Transgender Day of Remembrance (LGBT Ctr)
- 20 5:00 pm Tea & Paint Night (The Zone)
- 20 6:00 pm Avanzando Juntos: Sexual Assault Resource Center Training (Raza Ctr)
- 21 10:00 am **Getting to Graduation Workshop (Mandler 3545)**

## December 2014

- 1 All Day World AIDS Day (Price Ctr Ballroom/Library Walk)
- 4 6:00 pm Avanzando Juntos: Study Abroad (Raza Ctr)
- 8 6:00 pm Kwanzaa Dinner (Price Center)
- 12 AIP Winter Deadline
- 16 10:00 am Therapy Fluffies Extravaganza (Library Walk)
- 19 **Deadline for FA14 Graduates to turn Psychology BS papers in to Psychology Advising**

## Ongoing Events

- Tuesdays (weekly): 5:00 pm EAP First Steps Session (International Center Lounge)
- Tuesdays (biweekly): TBD Black Women's Collective (Women's Ctr)
- Wednesdays (weekly): 5:00 pm EAP First Steps Session (International Center Lounge)
- Thursdays (weekly): PsiChi Meetings (see website for schedule, McGill 1350)
- Fridays (weekly): 12:00 pm Gender Buffet (Women's Ctr)
- Fridays (weekly): 12:00 pm Viernes de Fiesta (Raza Ctr)



## COMMUNITY CENTERS

The five community centers at UC San Diego provide spaces to facilitate interactive learning, promote self-awareness, foster leadership development, encourage dialogue, and challenge traditional notions of diversity. They seek build and sustain a socially just campus climate. Undergraduate students are encouraged to participate in events and workshops (listed above) offered by all five community centers, regardless of their own backgrounds.

The five campus community centers include: the [Black Resource Center](#), the [Cross-Cultural Center](#), the [Lesbian Gay Bisexual Transgender Resource Center](#), the [Raza Resource Centro](#), and the [Women's Center](#). For more information about each of the community centers, please visit the [Community Centers website](#).

## THE ZONE

The Zone is a lounge for student well-being that offers free programs for students designed to promote healthy, balanced living. All programs are free and most are offered on a drop-in basis. For more information about offerings, visit [The Zone](#).

## ACTIVE MINDS @ UCSD

Active Minds is a non-profit, student-run mental health awareness, education and advocacy organization seeking to promote awareness about and alleviate the stigma associated with mental health issues. Their mission is to educate and provide resources to people regarding mental health and advocating for mental health causes through partnership and action. They are affiliated with the national [Active Minds](#) organization headquartered in Washington, DC.

Join Active Minds@UCSD by emailing [activeminds@ucsd.edu](mailto:activeminds@ucsd.edu) or going to their [website](#).

## MINDFULNESS WORKSHOP

This drop-in workshop, run by [CAPS](#), focuses on seven mindfulness practices to help you have more wellbeing and contentment in your life and less stress and anxiety. Each week will focus on a different mindfulness practice. Wear comfortable clothes!

**Mindfulness for Daily Living, Weekly during Fall Quarter**  
3:00-4:30 pm, *Murray's Place Conference Room*  
*Student Health Center*